

# 2024 UNIT IMPACT



**1,456,063**  
TOTAL POINTS OF CONTACT



**1,194**  
OUTREACH SESSIONS



**95,010**  
OUTREACH PARTICIPANTS



**81.2%**  
COLLECTIVE STUDENT REACH

# IOWA STATE UNIVERSITY

## Student Health and Wellness

### RECREATION



#### IMPACT

Facility Visits.....	941,061
Total Program Participants .....	125,174
Fitness.....	27,279
Intramural.....	81,011
Sport Club.....	3,084
Aquatic .....	286
Youth Camp .....	157
Adventure.....	7,408
Gaming and Esports .....	5,949
Student Employees.....	615

### MEDICAL SERVICES



#### IMPACT

Total Patient Visits .....	29,417
Primary Care Visits .....	20,739
Nurse Visits.....	4,025
Physical Therapy Visits.....	4,251
Nutrition Sessions .....	402
Lab Tests .....	203,143
Radiology Exams.....	1,418
Prescriptions Filled.....	30,660
Phone Calls Answered.....	34,145

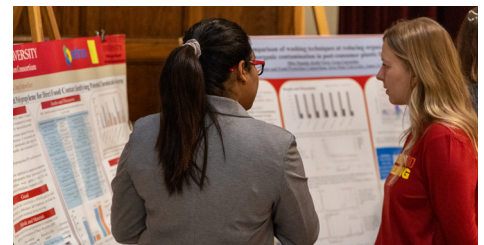
### MENTAL HEALTH



#### IMPACT

Total Mental Health Contacts .....	20,381
Initial Counseling Appointments .....	1,246
Individual Counseling Services .....	3,914
Crisis Sessions.....	196
Group Services.....	885
Psychiatry Visits.....	3,156
Trainings/Programs Attendees.....	10,984
Total Virtual Contacts .....	6,617
Telecounseling Sessions.....	3,611
TAO Contacts .....	3,006

### SUPPORT PROGRAMS



#### IMPACT

Total Program Contacts .....	29,902
Wellbeing Coaching Sessions.....	505
Violence Prevention .....	13,690
CRP/Substance Use .....	1,006
SHOP Food Pantry Visitors.....	14,701
SHOP # of Food Distributed.....	171,308
Campus Collaboration Projects.....	151

**INNOVATE** at Iowa State