



ONGOING FOOD SUPPORT PROGRAMS:

These programs provide regular food assistance to eligible individuals. Contact to see if you might be eligible:

- 1. Backpack Program** – Bags of weekend food. Available in Ballard, Collins, Colo, Nevada, RS elementary schools.
- 2. Child and Adult Care Food Program (CACFP)** – A program for in-home childcare providers to receive meal reimbursements in Story County and beyond. Contact Kris at MICA, cacfp@micaonline.org or 641-328-3261.
- 3. Food Assistance/SNAP** -You can apply online, by paper, or over the phone. Learn more at <https://www.iowa.gov/how-do-i-apply-food-assistance> OR call 1-855-944-3663, Monday thru Friday, 8 am – 5 pm.
- 4. Senior Commodity Food Program (USDA program, offered by Heartland)** – Supplemental food boxes available for eligible seniors 60+ throughout Story County. Call to see if you qualify. 1-877-288-3655 or 515-233-2906.
- 5. Women-Infants-Children Program (WIC)** – This program provides supplementary food and nutrition education for women who are pregnant, breastfeeding, up to 6-month post-partum and infants & children up to age 5. Visit with MICA in Ames at 515-232-9020 or 1-800-890-8230.

AMES PANTRIES & PROGRAMS:

Ames School District Food Pantries @ various locations - For students and families of the Ames Community School District. Call the Student & Family Advocates at the schools or go online <https://www.ames.k12.ia.us/district/departments/student-services/h-o-p-e-food-pantry-program/> to request assistance

Ames Pet Food Bank: 2521 University Blvd, Suite 123. FB @amespetfoodbank. petfoodpantry@bailingoutbenji.com
Monthly dispersals only. Must fill out an application before receiving help: <https://form.jotform.com/242194784649168>

Bethesda Community Food Pantry – 1517 Northwestern Ave, Ames. 515-232-6256.

Open hours: Wednesdays 10-11:30 am, Tuesdays/Thursdays 1 – 3 pm, Tuesdays 6:30 – 8 pm. *Details:* Choice pantry. Clothing Closet available in same space. Maximum 1 visit per week.

Calvary United Methodist Food Pantry – 1403-24th Street, Ames. 515-232-6329

Open hours: Tuesdays 2 – 3:30 pm. *Details:* Curbside service. Visitors may come once per month.

Food At First Meal Site & Free Market (Perishable Food)– First Christian Church, 611 Clark Avenue, Ames. 515-344-HELP
Meals: Sundays thru Fridays, 5:45 – 6:15 pm, Saturdays 11:30 am-12:15 pm. *Pantry hours:* Mondays & Thursdays, 4:30 – 5:30 pm, Saturdays 10 – 11 am. *Details:* Detailed information available at www.foodatfirst.com

Good Neighbor Emergency Assistance Emergency Food Vouchers – 613 Clark Avenue, Ames. 515-296-1449.

Emergency food vouchers are available to purchase needed items at local grocery stores in Ames, Nevada, Huxley, and Slater. Available by appointment only. Call or email assistance@gnea.org. Learn more at www.gnea.org

Harvest Vineyard Church Food Assistance Program – 320 S. 17th Street, Ames. 515-290-6881.

Food bags available: Wednesdays 12 – 1 pm and 5:30 – 6:30 pm. Delivery available (Ames only) if needed. Request a bag at <https://harvestvc.ccbchurch.com/goto/forms/444/responses/new>. If you are unable to fill out this form, send an e-mail to neighbor@harvestvc.org or call 515-290-6881.

Heartland Meals on Wheels – 515-357-4573 (Connie – to set up or cancel services)

Mondays thru Fridays in most of Story County. Prepares/delivers meals to those who are 60+ and/or meet the criteria.

Mid-Iowa Community Action (MICA) Food Pantry – 230 SE 16th Street, Ames. 515-956-3333.

Open hours: Mondays/Wednesdays/Fridays 9 am – 4 pm, Tuesdays 12 – 4 pm, Thursdays 9 am – 1 pm. *Details:* Choice pantry. Home delivery available if needed.

Primary Health Care “Farm to Clinic” (summer) – 3510 Lincoln Way, Ames. 515-232-0628. Fresh produce for patients.

Romero House Meal Site – 709 Clark Avenue, Ames. 515-337-8088 or www.amesromerohouse.org

Daytime hospitality hours (meals, showers): Mondays thru Fridays 1–4 pm, Sundays 10:30 am–4 pm, closed Saturdays.

Shared Blessings at Northminster Presbyterian Church – 1416 20th Street (across from Ames High), Ames. 515-233-2540

Open hours: 1st Tuesday of month 1:30 – 3 pm, 3rd Tuesday of month 6:30 – 8 pm. *Details:* Offer diapers, TP, supplies.

The Salvation Army Food Pantry & Doing The Most Good Market – 703 East Lincoln Way, Ames. 515-233-3567
Open hours: Mondays/Tuesdays/Fridays 1 – 3 pm, Wednesdays/Thursdays 1 – 3:30 pm. *Details:* Must be a resident of Story County. Pantry can be visited 1x per month; market 2x per week. Appointments preferred but walk-ins okay. Delivery available if needed.

The SHOP Student Food Pantry at Iowa State University - 1306 Beyer Hall, ISU campus, Ames.

NEW *Open hours:* Mondays & Tuesdays 12 - 5 pm, Wednesdays 2 – 7 pm. **ISU students only.**

+ Satellite Site: Sloss Center Resource Room –205 Sloss House, ISU central campus, Ames. 515-294-4154

Open hours: Monday, Tuesday, Thursday, 10 am – 3 pm, or by appointment. Open to all.

OTHER STORY COUNTY PANTRIES & PROGRAMS:

Ballard Community Clothing/Food Pantry –602 N Main - Suite 105, Huxley. 515-291-3543

Open hours: Wednesdays 4 – 6 pm, Saturdays 10 am – 12 pm, Sundays 1- 3 pm

Ballard High School Pantry – 701 Ballard Drive, Huxley. 515-291-3543 / jmclaughlin@ballard.k12.ia.us By appointment.

Cambridge Food Pantry – United Methodist Church, 215 2nd Street, Cambridge. 515-383-4392 (Jan)

Open hours: Tuesdays 6 – 7 pm. *Details:* Must live in/near Cambridge. In basement. Can visit every other week.

Colo Food Pantry – United Methodist Church, 602-4th Street, Colo. 641-377-2534

Open hours: Saturdays only, 9:30-10:30 am.

Colo-NESCO School Pantry @ Jr/Sr High – 919 West Street, Colo. 641-377-2282 /contacts Mr. Owens & Ms.Kinser

By appointment for students of the Colo-NESCO Community School District and their families.

Colo Public Library Little Free Pantry – 309 Main Street, Colo. 641-377-2900 or cololibrary@netins.net (Joanie)

Open hours: Mondays thru Fridays, 10 am – 6 pm, Saturdays 10 am – 4 pm. *Details:* Open to anyone with no limit.

Cubbie's Cupboard @ Nevada Middle School - 1035-15th Street, Nevada. 515-382-2751

Open hours: Wednesdays 4 – 5:30 pm or by appointment. *Details:* For students of Nevada Schools and their families.

Gilbert "Backpack Buddies" (Gilbert Schools in partnership with Gilbert Lutheran) – woodinm@gilbertcsd.org

Details: Supplemental food continues to be prepared and offered to eligible children. Contact Mel Woodin at Gilbert.

Huxley Food Pantry – 503 East 1st Street (behind south Casey's), Huxley. 515-597-2831

Open hours: Wednesdays 6 – 7 pm. Thursdays 10 – 11 am. *Details:* Huxley and Kelley residents only.

Loaves & Fishes Food Pantry (Story City) – 204 W. Broad Street, Story City.

Open hours: Saturdays 10 am – 12 pm except holidays & Scandi. Days. *Details:* For Gilbert, Roland & Story City only.

Maxwell-Collins Food Pantry – First Presbyterian Church, 221 Main Street, Maxwell. 515-387-8505 or 515-491-5338

Open hours: 3rd Tuesday of the month, 5:30 – 6:30 pm. *Details:* Maxwell and Collins residents only.

Nevada Community Cupboard – St. Patrick's Church, 1110 – 11th Street (in the garage), Nevada. 515-382-2974.

Open hours: Saturdays 10 – 11:30 am. *Details:* Only for residents of eastern Story County communities.

Nevada Food at First Meal Site – First United Methodist Church, 1036-7th Street, Nevada. 515-215-3904

Meals: Mondays & Thursdays 5:30 – 6 pm. *Details:* Call or use this link <https://bit.ly/3c3bfs9> to order carry-out meals by 3:30 PM. Pick up meals at church or designated neighborhood locations. Follow *Nevada Food at First* on Facebook.

Norseman Food Pantry @ Roland-Story Middle School- 206 S. Main Street, Roland. 515-388-4348

Open hours: Sundays only from 4-5 pm. Closed on holidays. *Details:* Only for students/families of Roland-Story schools.

Slater/Sheldahl Food Pantry – Bethlehem Lutheran Church, 411 3rd Ave (brown/blue building), Slater. 515-231-5643 or 515-231-0046. *Open hours:* Tuesdays 10 – 11 am, Wednesdays 7 – 8 pm. *Details:* Can be visited 2x per month.

Zearing-McCallsburg Food Pantry – 107 W. Main Street (beside City Hall), Zearing. 641-487-7271.

Open hours: Wednesdays 5 – 6:30 pm. *Details:* Zearing & McCallsburg residents only. Can be visited every other week.



FOR OTHER RESOURCES, 24-7: Call 2-1-1, text your zip code to 898211, or visit www.211iowa.org